



**Prevention and Recovery Services** was incorporated in 1965 under the name of National Council on Alcoholism, Topeka Division. In July of 1993, the Board of Directors voted to change our name to Shawnee Regional Prevention and Recovery Services. Our new name is more descriptive of our mission [shortened to Prevention and Recovery Services (PARS) for easier recognition purposes.]

PARS continues to serve Shawnee County as one of thirteen regional prevention centers in the state whose mission is to work with our community to reduce risk factors and strengthen protective factors that influence alcohol and other drug abuse.

PARS' Youth and Family Programs offer hope to hundreds of children, young people and families who are adversely affected by alcohol and other drug abuse. Skilled counselors facilitate groups for at-risk children and young people, as well as facilitate workshops and participate in community coalitions to reduce risk factors and strengthen protective factors that influence alcohol and other drug abuse.

If you would like more information about the services we provide, please call us at (785) 266-8666.

**Shawnee Regional Prevention  
and Recovery Services, Inc.  
2209 SW 29th  
Topeka KS 66611-1908**

**Return Service Requested**

# **KANSAS *baseline***

“Establish your baseline beliefs about alcohol and other drug dependency.”



**April 26 - 27, 2010  
October 4 - 5, 2010**

**Shawnee Regional Prevention  
and Recovery Services, Inc.  
2209 SW 29th  
Topeka KS 66611-1908  
(785) 266-8666  
fax (785) 266-3833**



# KANSAS *baseline*

This program is intended to increase awareness of the impact of alcohol, tobacco and other drugs (ATOD) on the individual, family, school and community. The training includes videos, lectures, group activities and guest speakers. A Baseline resource manual will be provided.

Individual must attend both days consecutively in order to receive certificate of attendance. Upon completion of this workshop, certificates of attendance will be available for all participants. Professions who may find this workshop useful include: licensed counselors, social workers, teachers, RN's, LPN's, LMHT's. Teachers will receive 12 workshop units for certification. Social workers will receive 12.5 credit hours toward relicensure. KAAP members will receive 12.75 CEU's.

Our objectives are to help people become aware of their beliefs, gain knowledge about alcohol and other drug dependency, and recognize the impact of alcohol and other drugs on their lives so they can become more motivated and realistic in efforts toward prevention.

- Each segment of this workshop is facilitated by certified personnel.
- Doors open Monday at 8:00 a.m. for registration. Workshop begins at 8:30 a.m. on Monday and 8:00 a.m. on Tuesday. Dismissal will be 4:30 p.m. each day.
- **One hour break for lunch on your own.** Snacks and beverages will be provided both days.

## Agenda

### Monday

- **Introductory activities**
- **Identifying self-values associated with alcohol, tobacco and other drugs (ATOD)**
- **Group identification of values associated with ATOD**
- **Defining addiction**

### Tuesday

- **Characteristics of healthy and unhealthy families**
- **Describe family roles in an addictive family**
- **Family sculpting**
- **12-Step panel**
- **Community meeting**

**Cost for this workshop is \$50.00.** Pre-Registration is required. Please complete the registration form and **mail** with payment to:

**Prevention and Recovery Services  
2209 SW 29th  
Topeka KS 66611**

or fax registration form to:

**(785) 266-3833**

or register on-line at

**www.parstopeka.com**

**Registration fee will not be refunded  
if cancelled less than five (5) days  
before the workshop.**

## KANSAS *baseline* Registration Form

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_

Work Phone # \_\_\_\_\_

Email (required) \_\_\_\_\_

**Please select date preference:**

**April 26-27, 2010**

**October 4-5, 2010**

**\$50.00 Registration Fee**

**\$\_\_\_\_\_ Enclosed**

**Please bill my organization**

**Please return registration to:**

**Prevention and Recovery Services  
2209 SW 29th  
Topeka KS 66611-1908**

**Or register online at:**

**www.parstopeka.com**



### ACCOMMODATIONS

If you need accommodations, please call 266-8666 for arrangements.