



Prevention and Recovery Services was incorporated in 1965 under the name of National Council on Alcoholism, Topeka Division. In July of 1993, the Board of Directors voted to change our name to Shawnee Regional Prevention and Recovery Services. Our new name is more descriptive of our mission [shortened to Prevention and Recovery Services (PARS) for easier recognition purposes.]

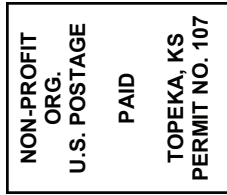
PARS continues to serve Shawnee County as one of thirteen regional prevention centers in the state whose mission is to work with our community to reduce risk factors and strengthen protective factors that influence alcohol and other drug abuse.

PARS' Youth and Family Programs offer hope to hundreds of children, young people and families who are adversely affected by alcohol and other drug abuse. Skilled counselors facilitate groups for at-risk children and young people, as well as facilitate workshops and participate in community coalitions to reduce risk factors and strengthen protective factors that influence alcohol and other drug abuse.

If you would like more information about the services we provide, please call us at (785) 266-8666.

**Shawnee Regional Prevention and Recovery
Services, Inc.
2209 SW 29th
Topeka KS 66611-1908**

Change Service Requested



Senior Prevention Intervention Counseling Education

SPICEline

***A Training Program to Address
Medication Mismanagement and
Substance Abuse in Older Adults***

August 20, 2009

**Shawnee Regional
Prevention and Recovery
Services, Inc.**

2209 SW 29th
Topeka KS 66611-1908
(785) 266-8666
fax (785) 266-3833

www.parstopeka.com

SPICEline

A Training Program

This program is intended to increase awareness of the magnitude and seriousness of alcohol, prescription, and over-the-counter drug abuse among older adults. The training includes slides, group activities, and sensitivity exercises. A *SPICEline* Resource Manual will be provided.

Professions who may find this workshop useful include: social workers, case managers, addiction counselors, RN's, LPN's, LMHT's and CMA's. Certificates of attendance for 7.0 hours are available for all participants.

SPICEline objectives: help participants become aware of their attitudes and beliefs about use and abuse among older adults; learn how body changes due to the aging process increase adverse drug reactions; and learn how herbs, prescription, and/or over-the-counter drug interactions may cause serious, sometimes fatal, health conditions. Participants will also gain an understanding of how age-related stressors and life changes put older adults at risk for increased alcohol consumption, and learn about resources and assessment tools to aid in diagnosis.

Agenda

- Introductory activities
 - Identifying self-values associated with alcohol, prescription, and over-the-counter drug abuse among older adults
 - **“Senior Substance Abuse and Medication Mismanagement,” a Power-Point Presentation**
 - Recognizing risks associated with aging metabolism, psychological changes and the effects of medications and substance abuse
 - **Understanding Functional Limitations: Sensitivity Exercises**
 - Resources, assessment instruments, and helpful tools
-
- Doors open at 8:00 a.m. for registration. Workshop begins at 8:30 a.m. with dismissal at 4:30 p.m.
 - Lunch, snacks, and beverages will be provided.
 - Each segment of this workshop is facilitated by certified personnel. Facilitators are Carol Spiker, Clay Walters, and Dena Dean.
 - Casual dress

SPICEline

Name _____

Organization _____

Billing Address _____

City _____

State _____ Zip _____

Home Phone # _____

Work Phone # _____

License Type and # _____

Email (required) _____

Please check one:

August 20, 2009

\$35.00 Registration Fee

\$ _____ Enclosed

Please bill my organization

Please return registration to:

**Prevention and Recovery Services
2209 SW 29th
Topeka KS 66611-1908
or fax to:**

785-266-3833

or register online at

www.parstopeka.com

**Cost for this workshop is \$35.00.
Pre-Registration is required.**

Registration fee will not be refunded if cancelled less than five (5) days before the workshop.



ACCOMMODATIONS
If you need accommodations, please call
266-8666 for arrangements.